

Neuroscience and a countertransference impasse in a neurotypical neurodiverse analytic couples' therapy



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The author describes how his experiencing of the husband in a neurodiverse-neurotypical couples therapy as narcissistic, led to a countertransference impasse. Using clinical material, he describes how his understanding of neuroscience helped him to view his patient as suffering from High Functioning Asperger Syndrome, and how this understanding helped in the resolution of the impasse. It is hoped that this clinical situation will emphasise the value of having a greater integration between our psychoanalytic and neurological understandings.



Presenter: Ken Israelstam

Ken Israelstam is a Fellow of the Royal College of Physicians of Canada (In Psychiatry), and a training and supervising analyst with the Australian Psychoanalytical Society. He is a Member of the International Psychoanalytical Association, and a Member of the European Psychoanalytical Federation. He has a special interest in analytical couples therapy, candidate education and the theories of transformation, with publications on these subjects in international journals.

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