



European
Psychoanalytical
Federation



INTERNATIONAL
PSYCHOANALYTICAL
ASSOCIATION



LISTENING UNDER PRESSURE

GENDER VARIANCE, PSYCHOANALYTICAL PRACTICE AND THE PRECARIY OF RIGHTS

November 28-29, 2026 - Online

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Online Study Weekend



In keeping with tradition, the IPA's 'Sexual and Gender Diversity Studies' Committee is once again pleased to announce this season study weekend. This year, the event has been organised in collaboration with colleagues from the EPF's 'Sexuality, Gender and Identity' Committee. We are therefore all together delighted to invite you to join us for a two-day event enriched by clinical work and wide-ranging reflections.

The theme that has been selected collectively is 'Listening under pressure', and the objective is to examine the dramatic transformations currently occurring on a global scale, which have a significant impact on the quality of life, fundamental rights and access to care for millions of individuals who are reevaluating their gender identity.

The primary focus of these discussions will be on the clinical and psychoanalytic dimensions. It is imperative that analysts engage in introspection regarding the pressures with which our patients are confronted. We shall be honoured to share this space for reflection and study with you all. The study weekend is open to IPA and EPF members, IPSO candidates and fellow clinical psychotherapists.

Participants

The event warmly welcomes members and candidates of IPA and EPF societies. Non IPA Colleagues (psychologists, psychotherapists, healthcare professionals) are also invited to join upon request – provided their participation is endorsed by an IPA member and the applicable confidentiality rules are observed. more Infos inside the Brochure .



Committee on Sexuality Gender & Identity
European Psychoanalytic Federation



Sexual & Gender Diversity
Studies Committee
International Psychoanalytical Association

Central Europe Time



Our Committees invites you to the study weekend

LISTENING UNDER PRESSURE

Gender Variance, Psychoanalytical Practice and the Precarity of Rights

28-29 November 2026
Online CET time

November 28th, Saturday morning

PANEL: ETHICS AND LISTENING

09:00-9:30 WELCOME ADDRESS AND OPENING REMARKS

Esther Hutfless, Vienna Psychoanalytic Association.
Bernd Heimerl, German Psychoanalytic Society.

Chair: Esther Hutfless, Vienna Psychoanalytic Association.

9.30-10:00 *Eve Kosofsky Sedgwick: An Introduction and Contextualization.*

Shared Reading: Paranoid Reading and Its Limits

A joint discussion of Sedgwick's concept of paranoid reading and its relevance for psychoanalytic practice

Presenter: Bernd Heimerl, German Psychoanalytic Society.

10:00-11:00 Discussion

11-11:30 BREAK

Chair: Bernd Heimerl, German Psychoanalytic Society.

11:30-12:00 *Transitions and Translations: Trans* Subjectivity Beyond Causality – Toward a Depathologizing Psychoanalytical Practice*

Presenter: Esther Hutfless, Vienna Psychoanalytic Association.

12:00-13:00 Discussion

13:00-14:30 BREAK



November 28th, Saturday afternoon

PANEL: INSTITUTIONS

Chair: Esther Hutfless, Vienna Psychoanalytic Association.

14.30-15.30 *Are We Afraid of Change? Discourse and Practice of Sexuality and Gender in Psychoanalytic Societies*

Presenter: Mette Hvalstad, Norwegian Psychoanalytical Society

Eija Repo, Finnish Psychoanalytical Society

Ewa Glod, Polish Psychoanalytical Society

15:30-16:00 Discussion

16:00-16:30 BREAK

Chair: Sílvia Acosta, Portuguese Psychoanalytical Society and the Cordoba Psychoanalytical Association.

16:30-17:30 *Gender Dysphoria/Incongruence: Historical and Clinical Aspects.*

Presenter: Jack Drescher, William Alanson White Psychoanalytic Institute (NY)

17:30-18:00 Discussion

18:00: End of Saturday

November 29th, Sunday morning

PANEL: PSYCHOANALYTICAL PRACTICE

Chair: Nicolas Evzonas, French Psychoanalytical Association Institute

9.00-10:00 *The Disarmed Clinic. Theoretical, methodological, and existential transformations within a lifetime.*

Presenter: Malde Vigneri, Società Psicoanalitica Italiana.

10:00-10:30 Discussion

10.30-11:00 BREAK

Chair: Louise Lyon, British Psychoanalytical Society

11:00-12:00 *How can we think about healthy trans development?*

Presenter: Elisabeth Imhorst, German Psychoanalytic Association.

12:00-12:30 Discussion

12:30-13:00 CONCLUSIONS AND FINAL REMARKS

Presenter: Anna Cordioli, European Chair of the IPA Committee

13:00-13:30 Concluding Discussion

13.30: FARWELL



Registration details

Participants

The event warmly welcomes **members and candidates of IPA and EPF societies.**

Non IPA Colleagues (psychologists, psychotherapists, healthcare professionals) are also invited to join upon request — provided their participation is endorsed by an IPA member and the applicable confidentiality rules are observed. Please direct enquiries to sexualitygenderipa@gmail.com

Fees:

€ 50 IPA Analyst and Non-IPA colleagues

€ 40 for Analysts in training (IPSO) and Psychotherapist in training.

Registrants for online attendance will receive links to connect on November 21.

More Info and Register

following link:

[REGISTER HERE](https://sites.google.com/view/ipaepf-study-weekend/)

<https://sites.google.com/view/ipaepf-study-weekend/>

In case of general questions,

please contact

sexualitygenderipa@gmail.com

Our Committees



Organizing Committee

Marta Areny, Silvia Acosta, Anna Cordioli, Bernd Heimerl, Esther Hutfless, Louise Lyon.