

GLOBAL MENTAL HEALTH: TRAUMA AND RECOVERY

CERTIFICATE PROGRAM



Piero della Francesca, *La Città Ideale*

Overview

The Harvard Program in Refugee Trauma (HPRT) and the Harvard Medical School Department of Continuing Medical Education (HMS-DCE) are offering an extraordinary six-month certificate program in *Global Mental Health: Trauma and Recovery*. The program provides training for health care practitioners, humanitarian relief workers and policy planners addressing the health and mental health sequelae of trauma. The curriculum is adaptable for diverse populations and global environments affected by violence and natural disasters. The course utilizes an innovative blended learning approach, combining on-site lectures and web-based learning into a transformative training experience, to develop a *Community of Practice*.

For more than a decade, international relief agencies, Ministries of Health and scholars have acknowledged that the psychological impact of violence must be addressed in order for traumatized societies and local communities to reconstruct and heal. Innovations in health information technology are leading to major advances in serving populations in resource-poor environments and recent large-scale studies are revealing the linkage between childhood and adult traumatic life events and the development of chronic life-threatening diseases such as diabetes, heart disease, stroke, and serious psychiatric illness such as depression and posttraumatic stress disorder. More recently, operational programming for disaster relief and trauma recovery has included components intended to address mental health needs. Nonetheless, current approaches at both the policy and treatment level are largely inadequate to address mental health needs in a scientifically sound, culturally relevant and adaptable manner.

The *Global Mental Health: Trauma and Recovery Certificate Program* is the first of its kind in global mental health, trauma, and post-conflict/disaster recovery. The major rationale for this Certificate Program emerged from 30 years of clinical care, training and research by the faculty with survivors of violence and natural disasters throughout the world. HPRT, *Istituto Superiore di Sanita* (ISS) and our international faculty members have pioneered the field of mental health care of populations affected by disaster in Africa, Middle East, Asia, Latin America, Australia, Europe, and the United States.

Over the past seven years, HPRT and ISS have developed with their collaborators from Caritas Rome, Fulbright New Century Scholars Program and the World Bank, a global project called *Project 1 Billion: International Congress of Ministers of Health for Mental Health and Post-Conflict Recovery*. In December 2004, this project brought together for the first time in history, Ministers of Health from the world's post-conflict countries to endorse a science-based, culturally effective and sustainable *Mental Health Action Plan* and *Book of Best Practices* for post-conflict recovery. *Project 1 Billion* revealed the great need for the education and capacity building of health care professionals, international relief workers and policy makers in the area of mental health. This *Global Mental Health: Trauma and Recovery Certificate Program* is a major result and post-conference activity of *Project 1 Billion*.



Mission and Learning Objectives

More than one billion people have been affected by violence and disaster throughout the world. Our mission is to maximize a scientific and cultural approach and methodology to reduce suffering, minimize disability and increase resiliency for survivors of violence worldwide. This Program offers a transformative training experience to create a network of global leaders in mental health recovery.

Upon completion of this activity, participants will be able to:

- Integrate science and culture based evidence in all 8 dimensions of the Global Mental Health Action Plan in policy planning, clinical care, humanitarian, and human rights activities.
- Integrate new leadership skills into program development and research.
- Learn and utilize evaluation skills.
- Foster professional development and ethics in working with vulnerable groups and communities.

Delivery Approach

The program has been designed based upon the *Community of Practice* model. Participants will experience an innovative blended learning experience that comprises on-site lectures in Orvieto, Italy from November 4-17, 2012, followed by web-based learning in students' home countries from November 2012 to May 2013. In Italy, the participants receive an interactive, multi-interdisciplinary curriculum based upon the courses in the textbook *Global Mental Health: Trauma and Recovery: A Companion Guide for Field and Clinical Care of Traumatized People Worldwide*. The participants meet one another and take part in small group activities that allow them to share their interests, goals, and field expertise. They also participate in a technical training course where they learn to use Atutor, the learning management system (LMS) currently used to deliver the course. Additionally, they participate in presentations led by faculty members. Small group discussion will continue online with case presentations and dialogue between trainees and faculty, in addition to conversation and instruction related to lectures heard in Italy. The faculty-student ratio in the small groups is 1:5. As a capstone experience in this Certificate Program, each participant is asked to create a small, multimedia presentation (using any combination of text, video, and/or audio) centered around their own personal work in order to explore to what extent our environment fosters or promotes healing and how we can incorporate healing principles into the way we structure our physical surroundings.

Community of Practice: In essence, communities of practice are groups of people who share similar goals and interests. In pursuit of these goals and interests, they employ common practices, work with the same tools and express themselves in a common language. Through such common activity, they come to hold similar beliefs and value systems.

Phase 1: Two-week face-to-face gathering in Porano and Orvieto, Umbria Region, Italy

Phase 2: 5 months of web-based learning

Topics

The program emphasis is on learning an integrated holistic approach to policy planning and clinical care using the *GMH Action Plan*.

Topics include:

- Phenomenological theory of trauma and recovery developed by HPRT, ISS and international colleagues over 30 years
- Epidemiology and the History of Global Violence
- Public Health Policy and Legislation
- Financing of Mental Health Services
- Mental Health Diagnosis and Treatment
- Mental Health and Medical Disorders
- Working in Interdisciplinary Medical Teams
- Human Rights and Rebuilding Social Capital
- Economic Development, including use of HIT innovations
- Outcome Evaluation
- How to Participate in Web-based Learning

Faculty

Richard F. Mollica, Director, GMHTR Certificate Program, MD, MAR, Professor of Psychiatry at Harvard Medical School and Director of the Harvard Program in Refugee Trauma (HPRT) at Massachusetts General Hospital

Dr. Abdelrahman Ahmed Abudoam, Associate Professor of Psychiatry Faculty of Medicine, International University of Africa; Deputy President, Sudanese society of psychiatrists; Advisor to the Minister of Humanitarian Affairs

Massimo Ammaniti, MD, Child Psychiatrist & Psychoanalyst; Professor of Developmental Psychopathology and Chairman of the Faculty of Infant and Adolescent Clinical Psychology at University of Rome La Sapienza; Member of the Board of Directors of the World Association of Infant Mental Health; Major Advisor to the Italian Ministry of Health and the Ministry of Foreign Affairs

Eugene F. Augusterfer, LCSW, Director of Telemedicine for the Harvard Program in Refugee Trauma

Maria Bosio, Italian free-lance Journalist and Filmmaker with over 25 years of experience in directing and screenwriting for documentaries, fiction film and advertisement

* **Robert Brooks**, PhD, Research Director for the Australian Aboriginal & Torres Strait Islander Healing Foundation

* **Solvig Ekblad**, Certified Psychologist, Senior Researcher at Department of Learning, Informatics, Management and Ethics (LIME), Karolinska Institutet

Sonia Graziano, Psychologist specializing in Clinical Psychology of Childhood, Adolescence and Family

* **Ranieri Guerra**, MD, Cultural Attaché, Italian Embassy – Washington, D.C.; Former Director of URE, External Relations Office, the President's cabinet for the Istituto Superiori di Sanità (National Institute of Health, Italy)

Heidi Kerko, JD, Executive Director of the NGO, Psychological Aid and Advocacy for Children of Trauma (PAACT)

James Lavelle, LICSW, Director of International Programs and Community Organizing for the Harvard Program in Refugee Trauma (HPRT)

Natale Losi, PhD, Family Psychotherapist, Medical Anthropologist and Sociologist; Former Director, Psychosocial and Cultural Integration Unit at the International Organization for Migration (IOM)

Paula Madrid, Clinical Psychologist in part-time private practice and fellow at the Harvard Program in Refugee Trauma

Giovanni Muscettola, MD, Chairman of the Department of Neuroscience at the University Medical School of Napoli, Federico II

Giampaolo Nicolais, PhD, Clinical psychologist, Professor of Dynamic Psychology, University of Rome La Sapienza

Franco Paparo, MD, Senior Psychoanalyst (Self-psychology); Former Assistant Professor at University of Rome La Sapienza

Jerry Pfeffer, Information Technology professional, HPRT Technical Support Coordinator of the GMHTR Certificate Program

Peter Polatin, MD, MPH, Senior Health Advisor for the International Department of the Rehabilitation and Research Centre for Torture Victims (RCT)

Rev. Jerry Streets, Carl and Dorothy Bennett Professor in Pastoral Counseling at the Wurzweiler School of Social Work, Yeshiva University; Former Chaplain, Yale University

Dr. Nasir Warfa, PhD, Senior Lecturer (Associate Professor), Queen Mary University of London

* Co-Directors, GMHTR Certificate Program

Accreditation

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 65.25 *AMA PRA Category 1 Credits*[™]. The Harvard Medical School designates this enduring material activity for a maximum of 62 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

<p>Explanation of Credit Award: Accepted applicants can earn up to 127.25 <i>AMA PRA Category 1 Credits</i>[™] consisting of 65.25 "live" (on site in Italy) and 62 "enduring" (online) credits. Participation in both parts of the course is required.</p>
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Disclosure Policy

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education (ACGME) competencies:

Patient care – Medical knowledge – Practice-based learning and improvement – Interpersonal and communication skills – Professionalism – Systems-based practice

Application Due No Later than July 1, 2012

**On site learning in Orvieto, Italy November 4-17, 2012
Web-based learning November 2012 – May 2013**

Who should apply:

Health care workers including doctors, nurses, psychologists, social workers and other public health professionals; policy planners, lawyers, human rights workers and educators working with populations that are survivors of violence or disaster. All eligible students will need a prior graduate level degree and experience in the health related sector.

Admissions criteria:

Several criteria will be used to assess eligibility for the Certificate Program, including:

- Prior experience and academic credentials and standing in the health sector
- Prior experience in the field of health and post-conflict recovery
- Interest and career aspirations in the field of mental health recovery
- Motivation to be involved in and committed to a Community of Practice
- Access to computer and internet
- Written, spoken and reading proficiency in English

How to apply:

Please go to <http://hpert-cambridge.org/globalhealth> to access and download the application.

Send your completed application by July 1, 2012 via mail, fax, or email to:

Harvard Program in Refugee Trauma
22 Putnam Avenue
Cambridge, MA 02139 USA

By fax to +1-617-876-2360

By e-mail to masters@hpert-cambridge.org

Tuition:

Tuition of \$4,400 USD, which includes the following:

- All course materials while in Italy
- Access to five months of on-line distance learning (you must have access to internet)
- Lunch and coffee breaks each day of the course while in Italy
- Transportation from accommodations to course site each day while in Italy
- GMH: Trauma and Recovery: A Companion Guide for Field and Clinic for the Care of Traumatized People

Tuition does not cover travel expenses or rooming. Please see website for further details.

Program Director: Prof. Richard F. Mollica

Program Co-Directors: Dr. Robert Brooks, Dr. Solvig Ekblad , Dr. Ranieri Guerra

With the support of **The Mayor's office and the city of Porano, Region of Umbria, Italy
and the City of Orvieto, Italy**

For more information please contact the Harvard Program in Refugee Trauma by phone at:
+1-617-876-7879, or on-line at <http://hpert-cambridge.org/globalhealth>