

# European Psychoanalytical Federation

## 25th Annual Conference

# The Initial Psychoanalytic Interview and the Treatment Process

Paris

29<sup>th</sup> March – 1<sup>st</sup> April 2012

Marriott Paris Rive Gauche Hotel  
and Conference Center

17 Boulevard Saint Jacques

75014 Paris

France

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### **The Initial Psychoanalytic Interview and the Treatment Process**

#### **Dear Colleagues,**

by invitation of the three French societies, the Société Psychanalytique de Paris (SPP), L'Association Psychanalytique de France (APF) and the Société Psychoanalytique de Recherche et de Formation (SPRF), the 25th annual conference of the EPF will be held in Paris from 29th March to 1st April 2012. The conference topic will be the beginning of psychoanalytic treatment, the initial interview and the entailing process of treatment.

Freud did not have an explicit theory of the psychoanalytic first interview; his spare remarks on the topic remain like aphorisms. In his paper on treatment technique of 1913, he writes: "He who wants to learn the noble art of chess from books will soon find that only the opening and the final games allow for a detailed systematic demonstration, whilst the overwhelming variety of games after the opening resists such a demonstration." In his own practice, Freud often began with a so-called "trial analysis".

There are many good reasons to turn our attention to the first interview. In barely any other domain are the differences in theory and practice of the various psychoanalytic schools so obvious as at this point. And yet as an issue, the why and under what conditions psychoanalytic treatment is actually getting started is of much interest.

Some analysts after a very short consultation start by inviting patients to lie down on the couch; others prefer a setting with several interviews. In different institutions and training posts in health services there are very different standardized procedures of initial telephone conversations, structured interviews, different diagnostic tests and consultations for indication in place.

Furthermore, especially first interviews co-vary strongly with external factors, for instance in countries where the respective health service will cover treatment costs by making demands on the produc-

tion of data, diagnosis and assessment of indication. This is also true for the differential treatment of indications for psychoanalysis that, in turn, is dependent on the respective society or country. Naturally these differences will be reflected in the presence of this topic in training programmes. Some societies do not offer any training events on the technique of conducting a first interview. In others, such instruction is part and parcel of the first training episode. But generally we can say that, before long, these differences will be levelled by decisions in health policies across Europe.

In some places the question of first interview technique has become especially acute by the problem of finding patients who would still be willing to undergo an analysis. Many training candidates are confronted with this problem. In some societies, a majority of psychoanalysts are practising only psychotherapy because patients apparently no longer feel that a high frequency treatment is timely as it is too time consuming and too expensive.

Big efforts have been made to improve our interview technique including differential investigations into the appropriateness of the respective indication. On the other hand, ethical implications have taken centre stage, such as whether and when high frequency treatments should be started and pursued long term.

We need to assume that the first encounter between patient and psychoanalyst contains in condensed form a number of questions that concerns psychoanalysis at large. Serious consequences can arise if essential conscious and unconscious messages by the patient have been overlooked, if the seriousness of the illness has been misjudged, if the unconscious rejection of a patient by an analyst has not been recognized or if a conscious or unconscious misfit of patient and analyst has not been felt or any other wrong indication has been posed. Any thinkable misunderstanding and defensive constellation can distort the perception of the first encounter on both parts with far-reaching consequences.

Thinking about this unique and non-repeatable  
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complexity that is condensed in just a few minutes or hours, it seems to be a miracle that an analysis will come about at all. And if you are not amazed by this, does this mean that you may have already overlooked something?

In the context of the initial interview, we will also think about frequently discarded phenomena: the actual first contact on the phone, via letter or e-mail (the so-called preliminary phenomena), the 'scenic information' and non-verbal forms of communication, initial dreams in the first interview, 'the opening scene' and the counter transference in the first interview. Each new patient presents a particular challenge. Can we translate his or her messages and articulate the unconscious wishes and anxieties? How do we deal with his and our first questions and to what extent do we stick to a diagnostic attitude, or, do we assume already in the first interview a therapeutic stance? And finally, who decides on the kind of further proceedings, taking responsibility for the analytic cure?

Apart from the main lectures (by Leon Kleimberg, London; Jean-Louis Baldacci, Paris; Peter Wegner, Tuebingen and Christopher Bollas, North Dakota) in the morning plenaries, there will be a great number of panels, individual presentations and group dis-

cussions, which will approach the topic from various angles, especially three panels which will present and discuss clinical material from different initial interviews only. We would like also to refer you to the panel prepared by the 'Working Party on Initiating Psychoanalysis' (WPIP). Since 2003 the WPIP of the EPF has been working systematically on the topic of initiating analyses. They issued a reader with the title 'Initiating Psychoanalysis', edited by Bernard Reith et al., Routledge, 2011, in which essential papers over the last few decades on the topic have been compiled, hence it represents good preparatory reading for our conference in Paris. The panel itself will present the preliminary results of the working party; so, we are very much looking forward to the results of this internationally composed working party. In addition, in the series 'Meet the Society', the German Psychoanalytical Association (DPV) will introduce itself, and we hope that some of you will submit clinical material and theoretical considerations as individual papers on the topic of first interviews. As always, candidates are welcome to participate in the conference and especially in the events of the IPSO. We hope that the Paris conference will be a chance for exchange between members and candidates and an opportunity for respecting and integrating the diverse psychoanalytic landscape in Europe.

Our special thanks to the remarkable efforts in preparing for the conference by the programme committee (Adela Abella, Jan Abram, Sanja Jakovljević, Eran Rolnik, Ellen Sparer, Claudia Thusbas) and the local organisation committee (Julien Ben Simon, Claire-Marine François-Poncet, Yvette Dorey, Joëlle Picard, Christine Voyenne and Brigitte Eoche Duval).

The executive board of the EPF and the presidents of all European societies are inviting you all cordially to Paris.

**Peter Wegner**  
President (EPF)

**Ronny Jaffé**

Vice President and Chair  
of the Programme Committee

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**Friday, March 30, 2012**

**Saturday, March 31, 2012**

**08:15-10:30**

**First Plenary on the Main Theme**

*(simultaneously translated)*

**• Opening the conference**

Peter Wegner (EPF President), Bernard Chervet (Paris Soc), NN (French Assoc), Patrick Miller (Research and Training Soc)

**• Introduction to the conference theme**

Ronny Jaffé (Chair of the Programme Committee).  
Chair: Peter Wegner (German Assoc)

**• In the first psychoanalytic encounter, could 'missing the wood for the trees' have any effect in the development of the psychoanalytic treatment?**

Leon Kleimberg (British Soc), Manuela Utrilla Robles (Madrid Assoc) as discussant.  
Chair: Yolanda Gampel (Israel Soc)

**11:00-12:30**

**Parallel Clinical Panel – Initial Interview**

*(simultaneously translated)*

Joan Schachter (British Soc), Danielle Quinodoz (Swiss Soc) as discussant.

Chair: Franz Wellendorf (German Soc)

**11:00-12:30**

**Parallel Panels on the Main Theme**

**• Initial interviews with psychosomatic patients**

*(Panel in English)*

Fotis Bobos (Hellenic Soc), Sira Dermen  
(British Soc) as discussant.

Chair: Marilia Aisenstein (Hellenic Soc / Paris Soc)

**• Initial interviews with psychoanalytic patients  
in new groups and societies** *(Panel in English)*

Susann Heenen-Wolff (Belgian Soc), Talat Parman  
(Paris Soc / Turkish Study Group) as discussant.

Chair: Stanislav Maticic (Croatian Study Group)

**• Step by step towards psychoanalysis**

*(Panel in English)*

Anne Rosenberg (Paris Soc), Dana Amir  
(Israel Soc) as discussant. Chair: NN

**14:30-16:00**

**Parallel Clinical Panel – Initial Interview**

*(simultaneously translated)*

Ilka Quindeau (German Assoc), Marco La Scala  
(Italian Soc) as discussant.

Chair: Savvas Savvopoulos (Hellenic Soc)

**14:30-16:00**

**Parallel Panels on the Main Theme**

**• From the initial interview to the end**

*of analysis (Panel in English)*

Ilany Kogan (Israel Soc), Giuseppe Civitarese  
(Italian Soc) as discussant.

Chair: Monica Horovitz (Paris Soc)

**• Initial interviews in the light of the**

**psychoanalytic process** *(Panel in English)*

Simonetta Diena (Italian Soc), Antoine Nastasi  
(Research and Training Soc) as discussant.

Chair: Susanne Lunn (Danish Soc)

**16:30-18:00**

**Individual Paper Presentations**

(for details please check the programme folder)

**16:30-18:00**

**Meet-the-Authors: Initiating Psycho-  
analysis – Perspectives**

Sven Lagerlöf (Swedish Assoc), Mette Møller  
(Danish Soc), Elisabeth Skale (Vienna Soc),  
Penelope Crick (British Soc), Bernard Reith  
(Swiss Soc).

Discussant: Daniel Widlöcher (French Assoc).

Chair: Dana Birksted-Breen (British Soc)

**16:30-19:00**

**Film Presentation**

**18:30-20:00**

**Individual Paper Presentations**

(for details please check the programme folder)

**09:00-10:30**

**Second Plenary on the Main Theme**

*(simultaneously translated)*

**• Functions of the psychoanalytical consultation**

Jean-Louis Baldacci (Paris Soc),  
August Ruhs (Vienna Assoc) as discussant.

Chair: Gábor Sz

onyi (Hungarian Soc)

**11:00-12:30**

**Parallel Clinical Panel – Initial Interview**

*(simultaneously translated)*

**• “What’s all that talkin’ of?” – Introducing  
psychoanalysis to the young patient**

Majlis Winberg-Salomonsson (Swedish Assoc),  
Laura Ambrosiano (Italian Soc) as discussant.

Chair: Luis Martin Cabré (Madrid Assoc)

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**Saturday, continued**

**Sunday, April 01, 2012**

**09:00-12:30**

**Third Plenary on the Main Theme**

*(simultaneously translated)*

**• Process-orientated psychoanalytic work in the initial interview**

Peter Wegner (German Assoc), Evelyne Sechaud (French Assoc) as discussant.

Chair: Jacqueline Amati-Mehler (Italian Assoc)

**• The psychoanalytic crossing**

Christopher Bollas (British Soc).

Chair: Jonathan Sklar (British Soc)

**• Farewell Session – Old and New Executive**

Chair: Peter Wegner, Serge Frisch

**11:00-12:30**

**Parallel Panels on the Main Theme**

**• The offer of analysis: Its seductive and ethical dimension** *(Panel in English)*

Viviane Chetrit-Vatine (Israel Soc), Catherine

Chabert (French Assoc) as discussant. Chair:

Dorothee von Tippelskirch-Eissing (German Assoc)

**• Training candidates on initial interviews**

*(Panel in English)*

Hermann Beland (German Assoc), Thierry

Bokanowski (Paris Soc) as discussant.

Chair: Bien Filet (Dutch Soc)

**• Therefore he became my patient**

*(Panel in English)*

Haydée Faimberg (Paris Soc), Anna Ferruta

(Italian Soc) as discussant. Chair: Daniel

Zaoui (Research and Training Soc)

**• Initial interviews with psychotic patients**

*(Panel in English)*

Alain Gibeault (Paris Soc), Francisco

Palacio-Espasa (Swiss Soc) as discussant.

Chair: Jorge Canestri (Italian Assoc)

**11:00-12:30**

**COWAP Panel** *(Panel in English)*

**• Reflections on gender in initiating analysis**

Penelope Crick (British Soc), Paul Denis

(Paris Soc). Chair: Frances Thomson Salo

(Australian Soc / British Soc)

**14:30-16:00**

**Special Panel on the Main Theme**

*(simultaneously translated)*

**• What inter-psychic conditions lead to full analysis? – Some findings from the Working Party on Initiating Psychoanalysis**

Bernard Reith (Swiss Soc), Rudi Vermote

(Belgian Soc), Elisabeth Skale (Vienna Soc),

Stefano Bolognini (Italian Soc) as discussant.

Chair: Marie-France Dispaux (Belgian Soc)

**14:30-16:00**

**Parallel Panels on the Main Theme**

**• When and why do diagnoses become destructive?** *(Panel in English)*

Anna E. Landis (German Assoc), Emma Piccioli

(Italian Soc) as discussant. Chair: Antonius

Stufkens (Dutch Soc / Dutch Assoc)

**14:30-16:00**

**Parallel Panels on the Main Theme**

**• Children, adolescents and adults**

*(Panel in English)*

Sølvi Kristiansen (Norwegian Soc),

Johannes Döser (German Assoc), Annette

Streck-Fischer (German Soc) as discussants.

Chair: Sharon Raeburn (British Assoc)

**• La mise en place d'un champ analytique.**

**Paramètres et hypothèses**

*(Panel in French)*

Nicole Carels (Belgian Soc), Florence Guignard

(Paris Soc) as discussant.

Chair: Luis Rodríguez de la Sierra (British Soc)

**14:30-16:00**

**Special Panel: Meet-the-Society**

*(Panel in English)*

• **German Psychoanalytical Association - DPV**

Martin Teising (German Assoc),  
Christoph E. Walker (German Assoc),  
Bernd Nissen (German Assoc).

Chair: Martin Teising (German Assoc)

**16:30-18:00**

**Special Panel on Research**

*(simultaneously translated)*

NN, NN as discussant.

Chair: Antonino Ferro (Italian Soc)

**16:30-18:00**

**Individual Paper Presentations**

(for details please check the programme folder)

**16:30-18:00**

**Meet-the-Author** *(in English)*

• **An Archeology of the Mind. Through Wounds, Scars and Memories**

Salomon Resnik (Argentine Soc), Giovanni Foresti (Italian Soc) as discussant.

Chair: Catalina Bronstein (British Soc)

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This section of the conference is intended to allow members of the EPF component societies (including candidates) to become more involved with the EPF scientific work and to submit their ongoing clinical work and research for peer discussion and debate. It is also possible for smaller groups to submit their work. The evaluation of previous conferences showed that these sessions were highly appreciated by the presenters as well as the participants. Submitted papers will be selected by the Programme Committee.

**Individual Papers**

**Friday afternoon, Saturday afternoon**

If you are interested in presenting please see [www.epf-fep.eu](http://www.epf-fep.eu) for application form and instructions on submitting your work. Submitted papers should be no more than 8-12 pages / maximum 21600 letters.

Deadline for submission: 15th November 2011. Enquiries to [geber@t-online.de](mailto:geber@t-online.de).

**End of Training Evaluation Project (ETEP)**

**Wednesday afternoon / Thursday all day**

During the EPF Conference in Paris 2012 training analysts are invited to participate in ETEP-groups.

The objective of the groups is to understand the implicit and explicit criteria an experienced supervisor is using to evaluate the progress of a candidate and to decide when a candidate is ready to graduate. Special emphasis is put on the question of how a supervisor

is being influenced in his evaluation by his implicit theories and working models. How does the way a supervisor conceptualizes psychoanalysis influence

his assessment and his views about the optimal objectives of psychoanalytic training. Moreover we want to learn more about the aims of training and enter into a discussion on how attaining them is furthered or inhibited by the training situation in the institute.

**The Groups start on Wednesday afternoon and will end Thursday late afternoon. There is enough time left to attend the Welcome Reception.**

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**Working Party on Comparative Clinical Methods (WPCCM)**

**Wednesday afternoon / Thursday all day**

The WPCCM aims, rigorously, to try to compare how different psychoanalysts work making the assumption that those who accept the invitations to present are doing "real" psychoanalysis. It has developed a new

kind of clinical discussion aiming to help psychoanalysts understand their way of working and how it compares with other ways of doing psychoanalysis: from the two-step method described in our book *Psychoanalysis Comparable and Incomparable*, the method has been developed regularly. The project enters now into a new phase in Paris: with the same method, we will discover the metapsychological concepts used by the presenter in such different fields as drives, defenses, affects, etc..

An experienced colleague will present. The task is to determine the specific method of doing psychoanalysis adopted by the presenter. The method of discussion involves a degree of formality and focus, which, perhaps surprisingly, has turned out to allow a much deeper psychoanalytic reflection. In the groups the presentation and preliminary clinical discussion take about one hour. Three hours are then devoted to step 1, when the group will try to look at each "intervention" the presenter made in depth to try to decide what it seems to have been intended to achieve and what implicit and explicit ideas about psychoanalytic work lie behind it. Another three hours will be devoted to step 2, finding what are the metapsychological concepts probably used by the presenter. Finally, an overall picture of how an analyst works based on these components will be described, including his use of metapsychology; the notions he uses principally will be constructed into a cluster which will help to comparison between analysts.

The CCM method is now being adopted in groups in meetings around the world. It usually works properly and when it does is very different. It is part of a wider project within the EPF and IPA to explore and learn from clinical differences so that we can better define the essence of the psychoanalytic method.

Those who attend will have the opportunity to be part of the wider project on subsequent occasions.

In Paris there will be up to six groups of about twelve people using the method. Each group will be made up of colleagues from different European societies. (All groups will work so that non-English mother tongue speakers are helped to express themselves. At least one will use French – if there is sufficient demand. Please indicate if you can use French because this group only works if it includes people who speak French from a wide range of orientations). Groups will start meeting at 16.00h (precisely!) on Wednesday and finish at 20.00h. They will then continue all day until 18.30h on Thursday with breaks for lunch and coffee. The time allows a more in-depth experience.

These workshops have been oversubscribed every year. Priority will be given to past participants but also to new participants applying before Christmas.

Moderators will be from among the following:

Olivier Bonard, Dana Birksted-Breen, Michael Diercks, Antonino Ferro, Marc Hebbrecht, Mary Heller, Eike Hinze, Angela Mauss-Hanke.

Please Note: Groups begin on WEDNESDAY before the Congress at 16.00h. This allows participation in many other conference events, including other working parties. Those wishing to take part should attend all sessions of their group. Please be sure to state the languages you can speak on the application form.

**Presenters requested:** If you are an experienced psychoanalytic clinician (10 years in practice) and would like to present some of your ordinary work within one of these groups please email [obonard@gmail.com](mailto:obonard@gmail.com) as soon as possible.

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**As a reminder the articles some of the participants have read before (written by Haydée Faimberg) are:** 'Listening to listening', *Int. J. Psycho-Anal.*, 77: 667-677; 'Misunderstanding and psychic truths', *Int. J.*

Psycho-Anal., 78: 439-451. Both papers are reprinted as Chapters 7 and 8 in Haydée Faimberg's 'The Telescoping of Generations: Listening to the Narcissistic Links between Generations', London and New York, Routledge 2005.

While attempting to develop new ways to approach our discussion on clinical issues, it seems inevitable that at the same time we keep in mind as psychoanalysts our constructs (we cannot not have a theory). It would be an illusion to imagine that we fully understand the basic assumptions of the presenter (underlying his particular way of working) by translating into our own psychoanalytical language what the presenter is trying to convey. Each analyst/translator has his own basic assumptions with which he translates. We shall go on with the task of co-creating a language to discuss differences and understand the presenter's work. More often than we think clinical material is heard from one chosen implicit basic assumption (recognised or not).

It is part of our goals to train ourselves in listening not only to recognise the presenter's clinical assumptions but also to recognise our assumptions as well. We shall try to understand from which theory we are listening to the presenter as well as trying to understand from which theory the presenter is listening to his patient and interpreting or not interpreting. We explore the impact that the theoretical assumptions of each participant have on the discussion itself.

In this kind of dialogue we would be using the function of 'listening to listening' which I had initially limited to the psychoanalytical listening in the session. That is, to listen to how each intervention in the discussion of the group is heard by the others in a particular context of the discussion. From the gap existing between what the participant thought he was saying and how he was heard we begin to co-create a language to understand the psychoanalytical complexity of each issue. By "listening to how each participant listens to each other", the sources of misunderstanding may appear and so we begin to recognise the basic assumptions of each participant. Thus, listening to misunderstanding is a valuable tool to discover different implicit basic assumptions.

The analyst presents the sessions, divided in sequences, which allows that in each sequence the group can discuss in the position of not-knowing what would happen afterwards – which was the original position of the presenter as an analyst. This way of presenting and discussing material has become our shared style in this Forum.

We take time (one day and a half) to reflect on ways of understanding the articulation between modes of working and underlying basic assumptions. It is important to share the whole time exchange.

The moderators are: Nicole Carels and Stefan Balint, Antoine Corel, Laura Ambrosiano and Dieter Buergin, Michael Sebek.

### **Forum on Clinical Issues (FCI)**

#### **Wednesday half day/Thursday all day or Thursday all day/Friday half day**

Because we are every year overbooked we recommend to those who are interested in this activity to ask to participate by e-mail to the chair Haydée Faimberg: h.faimberg@orange.fr if possible **not later than beginning of November 2011**. Participants of the last year have priority. Please write a short presentation and indicate the languages you understand and speak. We have a group on Wednesday from 17.00h up to 20.00h, which continues on Thursday from 09.00h up to 18.00h (English speaking) and other groups (English or French speaking) on Thursday from 09.00h up to 18.00h, which continues on Friday from 14.30h up to 18.00h. For reasons of methodology in the discussion participants should engage to be present the whole time.

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The WSPPT offers two interconnected aspects:

- It is a standing research group integrated into the research programme of the EPF;



• It propounds a special way of working in small clinical groups. The clinical exchanges, in particular on an international basis, form an important and fruitful experience in psychoanalysis today. As a research group, it aims at defining and working through the principal parameters at work in psychoanalytic treatment as it is practiced today in its diverse theories and practices. Treatment is understood in its double meaning of therapeutic modality and transformation of unconscious material. The 'result' of the analytic process is then assessed in the characteristics of psychic productivity. Treatment also includes a reflection on the character and modalities of oral and written analytic narration. Contrary to other kinds of research activity, the methodology does not precede its application but arises and will arise gradually out of the practice of group work on material consisting of analytic sessions. It is a matter of research in action. The method is thus conceived as 'the possibility of reconstituting the path along which one has travelled without having had a clear consciousness of it' (Lalande). The small clinical groups are made up of 12 to 15 analysts from different analytic cultures working for a day and a half on the same clinical material. The method of the working party we apply was inspired, with some variation, by that of J. Norman and B. Salomonsson, and also that of J. - L. Donnet. This method depends on an analogy between the analytic session and its narrative in a group reacting to the listening and diffracting the analyst's countertransference as well as the unrecognised aspects of the patient's transference. The presenter relates no more than necessary of the session content (speech, affects, and actions) without giving any indication concerning biography, the history of the analysis or the setting. He then remains silent without responding to the questions raised by the group. The fundamental rule of the group is to associate freely on the material. The group thus 'constructs' the patient, each participant using his explicit and implicit theoretical references. The divide between theory and practice (J. - L. Donnet) thus becomes reality and makes its exploration possible. The presenter then takes up his place in the discussion and lends his thoughts and feelings to the group work. This step enables the group to assess après-coup the constructions worked through during the preceding step.

In Paris there will be up to 5 groups including 1 or 2 French speaking groups. Moderators will be: Jan Abram, Leo Bleger, Stefano Bolognini, Catherine Desvignes, Bien Filet, Serge Frisch, Luc Michel, Nicole Minazio, Evelyne Sechaud, Philippe Valon, Eva Weil.

Please note that the groups will take place on Wednesday late afternoon and Thursday 09.00h to 18.30h. Those wishing to take part should attend all sessions of their group.

Those wishing to participate in one of these groups should write soonest to [geber-reusch@t-online.de](mailto:geber-reusch@t-online.de) and [sfrisch@pt.lu](mailto:sfrisch@pt.lu).

### **Working Party on the Specificity of Psychoanalytic Treatment Today (WPSPTT)**

**Wednesday half day / Thursday all day**

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### **Free Clinical Groups (FCG)**

**Thursday afternoon**

Our experience with the new clinical groups at last years' annual conferences of the EPF in London and Copenhagen was so rewarding and the feedback

was so positive that we decided to offer these clinical groups again in Paris.

The method we will use again is based on an idea of Wolfgang Loch, who has characterized the discussion of clinical material in groups by comparing it to the model of the prism effect: Like the light beam that, when funnelled through a prism, will reveal heretofore invisible parts and make them transparent, the group discussions will reveal thus far unmentioned and unconscious components of the patient and make him appear in his various parts and different nuances.

This process is not aimed at a dimension of 'right or wrong' but at a more complete picture of the patient. In its core, the psychoanalytic method as a discourse oriented method, which aims at the mutual understanding between subjects, is particularly well suited to facilitate an understanding between different participants, psychoanalytic schools and traditions. Furthermore, this method avoids making supervision, in the strict sense, the main intent because the group is not only interested in a psychoanalytic process of understanding but also in arriving at possible interpretations. The initial presentation of the material ends at a point just before the first intervention or interpretation has been made. Only when the group itself has arrived at one or more possible interpretations, will the presenter present the rest of the session.

Information about diagnosis, patient biography, the process, number of previous treatment hours and frequency of treatment will not be provided until the presented session has been discussed in its entirety.

Initial evaluation of the clinical material and of the ensuing group discussions in the last years has raised extremely interesting questions, and our plan is to continue to evaluate and to refine these; this is work which might will occupy us for quite some time. The long term goal is to come up with process oriented, essentially psychoanalytic criteria for the indication of psychoanalyses in different settings.

The independent clinical groups (FCG) in Paris will again consist of a moderator, a presenter, a reporter and a maximum of 15 participants. The clinical material may be chosen from psychoanalytic treatments in a variety of settings (one, two, three, four or five times a week). The participants ought to come from differential European societies. Hence a timely registration to participate in the groups is obligatory, otherwise a beneficial mix of groups (different countries and/or societies) may not be maintained.

The groups are taking place on Thursday, 29th March at 14.30h – 16.30h and 17.00h – 18.30h, before the welcoming reception of the conference. Eligible to participate are all colleagues registered for the conference, including training analysts, members and candidates. Due to multiple requests, in Paris we will offer groups in German, English and French.

The following colleagues will act as moderators and co-moderators: Ursula Burkert/Koeln (English/German), Milagros Cid Sanz/Madrid (French), Joachim F. Danckwardt/Tuebingen (German), Eva Schmid-Gloor/Zurich (English), Patrick Miller/Paris (French/English), Denny Panitz/Athens (English), Claudia Thussbas/Berlin (English), Dorothee von Tippelskirch-Eissing/Berlin (English) and Peter Wegner/Tuebingen (English).

Those wishing to participate in one of these groups should write soonest to [geber-reusch@t-online.de](mailto:geber-reusch@t-online.de) (no later than 31.01.2012).

## **Working Party on Initiating Psychoanalysis (WPIP)**

### **Friday all day**

#### **Understanding how analysts create a specifically psychoanalytic opportunity in preliminary interviews.**

Since 2004, the Working Party on Initiating Psychoanalysis (WPIP) has been studying how psychoanalysts begin psychoanalytic treatment, and in particular how they convey to an unprepared patient the specific opportunity offered by the experience of psychoanalysis.

The small group clinical workshops held by the WPIP at the EPF conferences since 2005 aim to study how psychoanalysts do preliminary interviews that lead to full psychoanalysis, as well as the conditions that lead to psychoanalysis or to other outcomes, such as psychotherapy or no treatment at all.

The workshops begin by working blind to the results of each interview, to see whether or not they can predict its outcome on the basis of the unconscious dynamics of the interview. This way of working stimulates the group's exploration of the clinical material and enhances the workshop experience. Four such workshops will again be held in Paris. In each there will be a presentation of an initial consultation or series of consultations, followed by an exploration of their dynamics and what the group thinks the likely outcome will be. This will involve general free-associative discussion as well as a more focused exploration to look at relevant aspects of the case material, using a discussion method based on the experience accumulated in previous workshops. The groups will be limited to about 15 people working together for two extended sessions of two hours each. Workshops will be offered in English and in French. Registered participants will receive more detailed information about methods and procedures before the workshops.

#### **WPIP team members are:**

Bernard Reith, Chair (Swiss Soc)

John Boots (Australian Soc)

Penelope Crick (British Soc)

Alain Gibeault (Paris Soc)

Ronny Jaffè (Italian Soc)

Sven Lagerlöf (Swedish Assoc)

Mette Møller (Danish Soc)

Elisabeth Skale (Vienna Soc)

Rudi Vermote (Belgian Soc)

Peter Wegner (German Assoc)

These workshops are open to members and candidates of IPA societies and study groups on advance registration. As they do not function if they are too big, we are obliged to limit the number of seats. Since they are much in demand and generally oversubscribed, it is important that those who register for them really intend to participate.

## **Forum for the Psychoanalysis of Children**

### **Thursday, Friday, Saturday**

The EPF Forum for the Psychoanalysis of Children was created at the EPF Conference in Madrid in 2001 under the chairmanship of Björn Salomonsson. Now, ten years later, the Group is thriving. It is currently co-chaired by Elena Fieschi Viscardi from Barcelona and Sandra Maestro from Pisa. Its members are Daniel Barth, Jean-Louis Fouassier, Antònia Grimalt, Noa Haas, Angela Joyce, Beate Schumacher, Angelika Staehle, Carmen Wenk-Reich, Marco Mastella and Danielle Goldstein.

There are three main events at each EPF conference organized by the Forum for the Psychoanalysis

of Children, and child analysts also make contributions to other parts of the conference.

The **Pre-Conference Event**, on the **Thursday** before the main conference begins, has traditionally been a day of clinical groups which use the "Weaving Thoughts Method" for discussion. Many participants have returned year after year and are familiar with this method, where the group's task is to adopt as closely as possible the free floating attention of the analyst in the session while listening to and speaking about the clinical material that is presented. The presenter, who has given a detailed account of a session, listens without responding or debating, and the moderator's role is to maintain a good working atmosphere for the group. Many participants have commented on the way in which this method of clinical presentation and discussion fosters an openness to unconscious processes in the material, and how the "weaving thoughts" of those present capture something essential to the case. (Those unfamiliar with this method may wish to read: Norman, J. & Salomonsson B. (2005), "Weaving thoughts: A method for presenting and commenting on psychoanalytic case material in a peer group", *Int. J. Psycho-Anal.*, 86:1281-1298.)

In Paris in 2012, we are introducing a modification of the pre-conference in order to link it with that year's overall theme on the initial stages of the analytic process. In the morning, we will work with the Weaving Thoughts method as usual. In the afternoon, the same presenter will return and give more information about the first interviews with the parents and the assessment sessions with the child. Following this, there will be a general discussion about the relationship between the initial assessment and the ongoing process of the analysis, from which sessions were presented in the morning. There will be four groups during the day, and every effort is made to accommodate language differences. At the end of the groups, there will be a final plenary session to discuss how the day has gone with all of the participants. Anyone would like to present in a Weaving Thoughts group should contact either Jean-Louis Fouassier ([jean-louis.fouassier@wanadoo.fr](mailto:jean-louis.fouassier@wanadoo.fr)) or Danielle Goldstein ([goldsteindanielle@free.fr](mailto:goldsteindanielle@free.fr)).

On **Friday**, there are two events organised by the Forum. In the morning there will be the **Workshop on Work with Infants and their Parents**. This year, Prof. Francisco Palacio Espasa, a member of the Swiss Psychoanalytic Society and Clinical Director of the University Child Psychiatry Service in Geneva, will present work on "The First Interview Centred on the Capacity for Parenthood with Mothers Manifesting Pre- or Post-partum Depression". It will be chaired by Sandra Maestro.

In the afternoon, in the **Child Analysis Workshop**, Jenny Davids from the British Psychoanalytical Society will present "The Contemporary Use of The Anna Freud Centre Provisional Diagnostic Profile: A Clinical Presentation of an Assessment Tool". The Diagnostic Profile was first formulated by Anna Freud in the 1960's. It has been revised several times and is still used by the child psychotherapy / child analysis service at the AFC. The presentation will demonstrate how the profile is employed to arrive at a series of formulations about the health and pathology apparent in a child at an assessment, and how it allows for decisions about the nature and intensity of treatment to be made in a more informed way. The Workshop will be chaired by Marie Zaphiriou Woods from the BPAS and the Anna Freud Centre.

On **Saturday**, the Forum for the Psychoanalysis of Children will take part in a **Panel on the Main Theme of the Conference**, initiating psycho analysis, together with psychoanalysts of adolescents and adults.

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## **Forum for the Psychoanalysis of Adolescents**

**Thursday, Friday, Saturday**

### **The first encounter with the adolescent patient**

The first encounter with the adolescent patient has specific characteristics which make it a very decisive experience for the future development of the treatment. The adolescent very frequently comes at the behest of adults, usually parents, who may or may not have been seen previously by the analyst. So it becomes necessary to create a demand in the patient, who may feel that it is the others wish that he comes to analysis, not his own. Listening attentively and taking seriously his communication it may become possible to introduce some curiosity regarding his mental functioning, and to get in touch with deeper anxieties and fears of irreparable damage to his mind, or to his body, that may underlay the manifest difficulties. We can also acknowledge the adolescent's ambivalence regarding analysis while at the same time trying to encourage the possibility of future encounters. The adolescent's fear of dependence, as we know, is a defense against powerful regressive trends being stirred up by the magnitude of the changes he is confronted with, and we have to bear this in mind in order to allow the adolescent a space in which he may feel the freedom to decide. Without his conscious cooperation we cannot get the adolescent patient to come to the consulting room, unlike the child, who is brought by his parents.

Usually the referral is made in a climate of urgency, and it is important to convey to the parents, as well as to the adolescent, some understanding of their anxiety, but also that time is needed in order to deal with problems which go beyond the manifest crisis.

The first communication made by the adolescent is through his body: the impact of his appearance is a language which may convey to us a multitude of meanings regarding his attitude to adults, to his peer group, to his own body, or alert us to the possibility of serious pathology. Of course our bodies also convey meanings to the adolescent who sees in us a representative of the adult world. The asymmetry of the encounter is thus on the forefront from the very beginning, as the first transference the adolescent patient experiences; it is matched by our countertransference, which is also tinged by the way we have dealt with and elaborated our adolescent experience, in life and in our analyses.

The forum on adolescence will include three working modules. Participants are required to file a separate request for each module. The first one will take place on Thursday afternoon and will be dedicated to the study of the first encounter with the adolescent patient.

In the second module, taking place on Friday, participants will discuss the similarities and changes of the psychoanalysis with the adolescents in the first sessions as compared to classical technique and further transformations.

Thursday morning clinical groups (French and

English) will be organized. One will be dedicated to first contact and consultation in adolescence. The other on the analytical process with adolescent patient with developmental breakdown.

In order to participate to clinical groups, interested persons and persons willing to submit a case history are invited to write to Patricia Grieve pgriev@epf.org

In the Forum, a research group on the psychoanalysis with adolescent patient starts.

All meetings will focus on a clinical presentation, followed by a discussion with the floor.

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The aim of this panel is to focus on two different perspectives on the psychoanalytic research about psychoanalytic consultations and treatments, and to facilitate a debate.

René Roussillon will illustrate one kind of research into the couch-plus-armchair setting and how to overcome the obstacles; these are inherent consequences of the practice of psychoanalysis itself, which is individual and based on experience of a limited number of cases. The method presented by him consists in a group-based "inter-vision" seminar, which enables one to carry out a psychoanalytic "exploration" of "borderline situations" in psychoanalytic treatments.

In contrast, having served two legislation periods as one of two elected scientific advisers for the German Federal Commission for the evaluation and financing of psychotherapy, Rainer Krause will report his experiences as a scientist, psychoanalyst and politician (malgré soi). He will examine, in particular, a EU-research project called ILDIMA (Implementation and Legislation of Psychotherapy in the European Countries, such as Austria, France, Germany, Great Britain, Spain and Switzerland), and will determine the position of research on psychoanalytic treatments in the different countries.

Lastly, linking to her experience of teaching psychoanalytic ideas and carrying out research within the university, using both clinical and empirical methods, Mary Target will start the discussion on the two contributions by Roussillon and Krause. She will invite us to stand back to consider underlying issues in the relationship between psychoanalysis and science, and invite the participants to share their thoughts about this controversial and problematic area, drawing on the examples offered in the two papers.

Presenters: René Roussillon, Rainer Krause

Discussant: Mary Target

Chair: Franco Borgogno

As part of the EPF conference, the IPSO programme provides an important opportunity for intercultural dialogue between candidates in an increasingly pluralistic European psychoanalytic landscape.

**The 2012 IPSO programme has the following itinerary:**

- Two forums relating to clinical questions, led by Haydée Faimberg, open to members and candidates; one forum in English, the other forum in French. Haydée Faimberg (Paris Soc) will present her method: "Listening to listening" on Wednesday, 28th of March 2012,
- Opening event on Thursday afternoon, 29th of March 2012, with information presented by our

French hosts followed by plenary event,

- There will be supervisions with training analysts from different countries.
- In addition, as part of the IPSO tradition, there will be a lively dinner party on Friday evening, 30th of March 2012, for people to meet and dance and talk about training requirements and the different psychoanalytic traditions and cultures.

We cordially invite all candidates to participate in our IPSO programme.

**Holger Himmighoffen**

(IPSO Vice President for Europe)

**Anna Mária Hansjuergens**

(IPSO Vice President-elect for Europe)

**Valeria Nader** (IPSO President)

## **Psychoanalysis and University**

**Different perspectives on psychoanalytic research about psychoanalytic consultations and treatments**

### **IPSO**

## **Ad Hoc Groups, Forums, Events and Open Meeting**

**Thursday, Friday, Saturday**

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## **Ad Hoc Groups, Forums, Events and Open Meeting**

**Thursday, Friday, Saturday**

### **Ad Hoc Group on Ethics**

In Paris, there will be again the Ad Hoc Group on Ethics discussing practical and theoretical themes about ethics of psychoanalysis and ethics of care. There will be a paper presentation, discussion paper and open discussions.

### **Ad Hoc Group on Ageing**

#### **Ageing of the Psychoanalyst:**

#### **The risk of turning a blind eye to reality**

Joint venture by the EPF ad hoc group on ageing & the IPA Committee on ageing of patients and psychoanalysts

Due to demographical changes the general life time has increased drastically. This change carries several implications for psychoanalysis, the psychoanalytic community and the transmission of psychoanalysis to the next generation: Potential patients, potential candidates as well as analysts and training analysts grow older. Societies have to be prepared to work in a multigenerational setting. This panel wishes to focus on the above mentioned implications for psychoanalytic training and to put them forward for discussion within the European Societies.

### **Presentations:**

- Leena Klockars (Finnish Soc) / Maria Teresa Hooke (Australian Soc) *Map of ageing within Europe*
- Gabriele Junkers (German Assoc) *The threat of the empty couch: planning ahead or just letting things happen*
- Luisa Marino (Italian Soc) *What candidates say about psychoanalytical perspectives on Ageing*

Chair: Gabriele Junkers (German Assoc)

We hope that these presentations will stimulate our reflecting about age in relation to analytic practice and bring up many questions and comments that we can discuss.

### **Forum on Psychoanalysis and Language**

**Considerations on Freud's Original Text: Zur Einleitung der Behandlung, G.W. Bd. 8, 454-478 (On Beginning the Treatment, S.E. XII 121-144)**

This paper Freud's provides an essential base for our discussions on the theme of the conference. It contains a lot of important technical rules, which Freud introduced (like the sounding during a trial pe-

riod – “Sondierung” während einer “Probezeit”, the strict principle of leasing by the hour – “das strenge Prinzip der Stundenmiete”, and the fundamental rule – “die Grundregel” etc.). The original wording of these rules of a game (“Spielregeln”) can help us to pay attention to the technical and theoretical fundamentals. Looking at the translations into English, but also into other languages we might become aware of subtle shifts in the meaning, of our own private theories and of changes in our clinical, technical and sometimes also in our sociological understanding. Sylvia Zwettler-Otte [sylvia@zwettler-otte.at](mailto:sylvia@zwettler-otte.at) (Vienna Soc). In English and German; contributions regarding other languages very welcome.

### **Outreach in Europe**

#### **Further Implications for the Future**

This panel will continue our last year’s Copenhagen panel. Again, all outreach speakers of the European EPF societies and everyone who is interested are invited to participate and discuss three selected outreach projects (for an overview see our brochure „Outreach Activities in the European Region“ [www.ipa.org](http://www.ipa.org) or [www.epf-fep.eu](http://www.epf-fep.eu)). The initiatives will be described in detail and will be analysed in regard to their resonance, feasibility and efficiency. Practical implications like various ways to present psychoanalysis to the public and the integration of psychoanalysis into the health care and educational resp. cultural systems of the different European countries will be thoroughly discussed.

The results of the Paris Panel as well as a systematic comparison of all outreach initiatives described in the brochure will be the basis for an international exchange of projects under the headline whether they are, in part, transferable.

An informal lunch after the panel will provide the group with the opportunity to strengthen our international networking.

IPA Committee on Outreach: Franziska Henningsen (chair), Milagros Cid Sanz, Serge Frisch, Paola Marion, Stefanie Wilke, Franziska Ylander.

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### **Register online at [www.epf-fep.eu](http://www.epf-fep.eu)**

Information and an online conference timetable can be found at

#### **[www.epf-fep.eu](http://www.epf-fep.eu)**

Details can also be obtained from the Honorary Secretary of your local EPF member Society.

For registrations, hotels, transfer, and Saturday evening options please contact Geber + Reusch at [geber-reusch@t-online.de](mailto:geber-reusch@t-online.de).

Return the registration form to:

### **Congress-Organisation**

#### **Geber + Reusch**

Habichtsweg 11

D-60437 Frankfurt/Main

Tel +49 (0) 69 - 50 52 39

Fax +49 (0) 69 - 90 50 88 84

[geber-reusch@t-online.de](mailto:geber-reusch@t-online.de)

#### **Information and contact details**

**Registration fees** before 14.02.2012 from 15.02.2012

Members of EPF-Societies/

all IPA members

€ 470,- € 565,-

Participating Guests

(no participation in the clinical workshops)

€ 540,- € 590,-

Candidates € 295,- € 430,-

Members of EPF-Societies in Eastern Europe



and individuals affiliated to the Han-Groen-Prakken-Psychoanalytic Institute  
€ 240,- € 310,-

**What is included in the registration fee?**

- Participation in the scientific meetings. Note: some groups require pre-registration.
- Welcome reception: On Thursday 29th March participants are invited to a welcome reception at the Marriott Paris Rive Gauche Hotel and Conference Center. Drinks and light refreshments will be served.
- Farewell cocktail: On Sunday 1st April drinks will be served at the Marriott Paris Rive Gauche Hotel and Conference Center to mark the close of the conference.
- Refreshments during the coffee breaks
- Other social events

Certification (professional development points) has been applied for.

**Details to follow on the EPF website at [www.epf-fep.eu](http://www.epf-fep.eu)**

**Registration information**

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**The EPF Programme Committee for the Paris 2012**

For Saturday evening there will be two optional events:

**Ballett “Dance at a Gathering” by Jerome Robbins** at the Opera Paris Garnier, Rue Scribe / Rue Auber.

or

**Croisière Dîner**, a romantic river cruise incl. diner – enjoying a wonderful view of Paris, city of lights and the river Seine.

**The Programme Committee:**

Ronny Jaffé (Italian Soc) – Chair of the Programme Committee

Adela Abella (Swiss Soc)

Jan Abram (British Soc)

Sanja Jakovljević (Croatian Study Group)

Eran Rolnik (Israel Soc)

Ellen Sparer (Paris Soc)

Claudia Thussbas (German Assoc)

**The Local Organisation Committee:**

Julien Ben Simon (Paris Soc)

Claire-Marine François-Poncet (Paris Soc)

Yvette Dorey (French Assoc)

Joëlle Picard (Research and Training Soc)

Christine Voyenne (Research and Training Soc)

Brigitte Eoche Duval (French Assoc)

**Saturday evening – 2 optional events**

**Transport from airport**

From Charles de Gaulle and Orly airport:

By bus (€ 16,50 pP one way)

By Métro (€ 9,40 pP one way)

By taxi ( approx. € 50,00 one way)

**Carte Paris Visite (Métro)**

The Paris Visite Carte is a 1, 2, 3 or 5 day pass good for either zones 1 to 3 or 1 to 6 around Paris.

If you're staying just within Paris itself stick with the zone 1 to 3 card, which will cover all of “central” Paris.

Paris Visite Cartes are good from the day of first use (not time of first use). So to maximize the value of the Paris Visite Carte, start using it during the morning (valid per day and not for 24h, 48h or 72h).

Not valid for trips from/to the airports Charles de Gaulle and Orly.